

Earn Money • Be a Leader • Save Lives

REGISTRATION BEGINS MAY 2nd



**American
Red Cross**

**CLASS ATTENDANCE IS MANDATORY.
LEARN TO SWIM LEVEL 5 OR 6 IS PREFERRED.**

LIFEGUARD TRAINING

Prerequisites:

- * Minimum age 15
- * 300 yd. swim of front crawl and breaststroke
- * Swim 20 yd. with retrieval of a 10 lb. brick from deep water within one minute 40 seconds
- * Tread water for 2 minutes using only the legs

Dates: June 1st, 2nd, 6th, & 7th

Time: 9:00am – 4:00pm

Fees: Residents \$140

Local Non-residents \$150

Distant Non-residents \$190

JR. LIFEGUARD COURSE

Prerequisites:

- * Minimum age 14 by June 23rd
- * Swim 25 yd. of front crawl stroke
- * Tread water for 1 minute
- * 10 feet underwater swim

Dates: June 6th, 7th, 8th, & 9th

Time: 8:30am to 2:00pm

Fees: Resident \$35 Non-resident \$40

WATER SAFETY INSTRUCTOR

Prerequisites:

- * Minimum age 16
- * Swim 25 yd of each stroke: front crawl, back crawl, elementary backstroke, sidestroke, and butterfly
- * Tread water for 1 minute

Dates: June 9th, 10th, 13th, & 14th

Time: 9am – 4pm

Fees: Residents \$140

Local Non-residents \$150

Distant Non-residents \$190

